

Overeaters Anonymous, Inc.
Phone Meeting List
August 29, 2008

<u>Listing #</u>	<u>Procedure for Phone Meeting</u>	<u>Day/Time</u>	<u>Time Zone</u>	<u>Contact</u>	<u>Phone Number</u>
# 55058	Follow Phone Prompts 712-432-3900	Saturday 12:00 am	EST		
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.				
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.				
				For additional information call Contact Person before meeting.	
				Special Focus:	
				Special Topic:	RECOVERY/RELAPSE
# 55040	Follow Phone Prompts 712-432-3900	Saturday 6:45 am	EST	Marcia	845-426-1028 EST
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.				
Notes:					
				For additional information call Contact Person before meeting.	
				Special Focus:	OPEN
				Special Topic:	LITERATURE
# 55023	Follow Phone Prompts 712-421-8178	Saturday 8:00 am	EST	Pam	508-832-3628 EST
Pin Number:	4673#, Please mute telephone "by pressing * 6"				
Notes:					
				For additional information call Contact Person before meeting.	
				Special Focus:	
				Special Topic:	90 DAY FOR TODAY
# 55033	Follow Phone Prompts 712-432-3900	Saturday 8:30 am	CST	Karen	989-652-3386 EST
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.				
Notes:					
				For additional information call Contact Person before meeting.	
				Special Focus:	OPEN
				Special Topic:	SEEKING THE SPIRITUAL PATH
# 55051	Follow Phone Prompts 712-432-3900	Saturday 5:00 pm	EST		
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.				
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.				
				For additional information call Contact Person before meeting.	
				Special Focus:	
				Special Topic:	RECOVERY/RELAPSE

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<u>Listing #</u>	<u>Procedure for Phone Meeting</u>	<u>Day/Time</u>	<u>Time Zone</u>	<u>Contact</u>	<u>Phone Number</u>
# 55017	Follow Phone Prompts 616-347-8000	Saturday 6:00 pm	PST	La Verna	415-680-0372 PST
Pin Number:	1089532#, Please mute telephone "by pressing * 6"			Special Focus:	EBONY/AFRICAN AMERICAN
Notes:	ALL ARE WELCOME. PLEASE RESPECT THE SPECIAL FOCUS.			Special Topic:	SPEAKER
# 55052	Follow Phone Prompts 712-432-3900	Sunday 12:00 am	EST		
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.			Special Focus:	
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.			Special Topic:	RECOVERY/RELAPSE
# 55039	Follow Phone Prompts 712-432-3900	Sunday 6:45 am	EST	Diane	703-813-6313 EST
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.			Special Focus:	OPEN
Notes:				Special Topic:	LITERATURE
# 55059	Follow Phone Prompts 218-936-4700	Sunday 7:30 am	EST	Bob L	856-685-0019 EST
Pin Number:	245852#, Please mute telephone "by pressing *6"			Special Focus:	
Notes:				Special Topic:	LITERATURE
# 55021	Follow Phone Prompts 712-421-8178	Sunday 8:00 am	EST	Dawn	413-245-9354 EST
Pin Number:	4673#, Please mute telephone "by pressing * 6"			Special Focus:	
Notes:				Special Topic:	90 DAY BIG BOOK
# 55019	Follow Phone Prompts 712-451-6055	Sunday 10:00 am	CST	Peggy C.	650-286-1597 PST
Pin Number:	204757#, Please mute telephone "by pressing * 6"			Special Focus:	
Notes:	GLBT Friendly. No abstinent requirement to share, participate in reading or lead a meeting. Speaker 5th Sunday of the month.			Special Topic:	LITERATURE SPEAKER

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# 55032	Follow Phone Prompts 712-580-1100	Sunday	2:00 pm	EST	Nancy 815-926-2084 CST
Pin Number:	12128#, Please mute telephone "by pressing * 6"				For additional information call Contact Person before meeting.
Notes:				Special Focus:	Special Topic: VARIES
					FOR TODAY
# 55025	Follow Phone Prompts 712-432-3900	Sunday	3:00 pm	PST	Mary Ann 818-652-6124 PST
Pin Number:	5846574#, Please mute telephone "by pressing * 6"				For additional information call Contact Person before meeting.
Notes:				Special Focus: OPEN	Special Topic:
# 55045	Follow Phone Prompts 712-432-3900	Sunday	5:00 pm	EST	
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.				For additional information call Contact Person before meeting.
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.				Special Focus:
					Special Topic: RECOVERY/RELAPSE
# 55012	Follow Phone Prompts 712-775-7100	Sunday	7:00 pm	CST	Debbie 972-495-3215 CST
Pin Number:	897214#, Please mute telephone "by pressing * 6"				For additional information call Contact Person before meeting.
Notes:				Special Focus:	Special Topic: 90 DAY
# 55008	Follow Phone Prompts 605-475-6350	Sunday	8:00 pm	EST	Jean 617-628-4571 EST
Pin Number:	79822#, Please mute telephone "by pressing * 6"				For additional information call Contact Person before meeting.
Notes:	Steps 1-2-3 in 12&12, 21 days for sharing, 90 days for service positions.				Special Focus:
					Special Topic: 90 DAY STEP STUDY
# 55053	Follow Phone Prompts 712-432-3900	Monday	12:00 am	EST	
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.				For additional information call Contact Person before meeting.
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.				Special Focus:
					Special Topic: RECOVERY/RELAPSE

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# 55036	Follow Phone Prompts 712-432-3900	Monday	6:45 am EST	Diane	703-813-6313 EST
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.			For additional information call Contact Person before meeting.	
Notes:				Special Focus: OPEN	
				Special Topic: LITERATURE	
# 55028	Follow Phone Prompts 712-432-3900	Monday	8:00 am CST	Ann Marie	505-989-3374 MST
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.			For additional information call Contact Person before meeting.	
Notes:				Special Focus: OPEN	
				Special Topic: LIFELINE SAMPLER	
# 55003	Follow Phone Prompts 518-825-1300	Monday	10:00 am EST	Peggy	719-594-9075 MST
Pin Number:	79822#, You are automatically muted when you get on this line.			For additional information call Contact Person before meeting.	
Notes:	Please ignore standard recording asking you to introduce yourself.			Special Focus:	
				Special Topic: 90 DAY FOR TODAY	
# 55046	Follow Phone Prompts 712-432-3900	Monday	5:00 pm EST		
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.			For additional information call Contact Person before meeting.	
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.			Special Focus:	
				Special Topic: RECOVERY/RELAPSE	
# 55026	Follow Phone Prompts 518-825-1300	Monday	5:30 pm PST	Melanie	952-353-8591 CST
Pin Number:	12128#, Please mute telephone "by pressing * 6"			For additional information call Contact Person before meeting.	
Notes:	ALL ARE WELCOME. PLEASE RESPECT THE SPECIAL FOCUS.			Special Focus: H.O.W	
				Special Topic:	
# 55013	Follow Phone Prompts 605-475-4150	Monday	9:00 pm CST		
Pin Number:	424585#, Please mute telephone "by pressing 6"			For additional information call Contact Person before meeting.	
Notes:				Special Focus:	
				Special Topic: BIG BOOK	

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# 55015	Follow Phone Prompts 616-597-8000	Monday	9:00 pm	EST	
Pin Number:	314902#, Please mute telephone "by pressing * 6"				
Notes:					
					For additional information call Contact Person before meeting. Special Focus: Special Topic: STEP/TRADITIONS
# 55054	Follow Phone Prompts 712-432-3900	Tuesday	12:00 am	EST	
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.				
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.				
					For additional information call Contact Person before meeting. Special Focus: Special Topic: RECOVERY/RELAPSE
# 55034	Follow Phone Prompts 712-432-3900	Tuesday	6:45 am	EST	
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.				
Notes:					
				Jim	703-204-0181 EST
					For additional information call Contact Person before meeting. Special Focus: OPEN Special Topic: LITERATURE
# 55005	Follow Phone Prompts 712-432-3900	Tuesday	8:30 am	EST	
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.				
Notes:					
				Debbie	214-912-3688 CST
					For additional information call Contact Person before meeting. Special Focus: OPEN Special Topic: STEP/TRADITIONS
# 55042	Follow Phone Prompts 309-946-5000	Tuesday	11:00 am	EST	
Pin Number:	127837#, Please mute telephone				
Notes:					
				Shoshana	216-691-9199 EST
					For additional information call Contact Person before meeting. Special Focus: Special Topic:
# 55031	Follow Phone Prompts 712-432-0150	Tuesday	12:30 pm	EST	
Pin Number:	232562#, Please mute telephone "by pressing * 6"				
Notes:	"International telephone numbers available"				
				Juanita	301-503-1048 EST
					For additional information call Contact Person before meeting. Special Focus: Special Topic:

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World Service Office PO Box 44020, Rio Rancho, NM 87174-4020 Tel 505-891-2664 Fax 505-891-4320

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# 55047	Follow Phone Prompts 712-432-3900	Tuesday	5:00 pm	EST	
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.				
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.				
				For additional information call Contact Person before meeting. Special Focus:	
				Special Topic:	RECOVERY/RELAPSE
# 55043	Follow Phone Prompts 712-775-7100	Tuesday	6:00 pm	EST	Tasha 937-776-7523 EST
Pin Number:	318243#, Please mute telephone "by pressing * 6"				
Notes:					
				For additional information call Contact Person before meeting. Special Focus:	
				Special Topic:	BIG BOOK
# 55001	Follow Phone Prompts 218-936-1600	Tuesday	8:00 pm	EST	Marcie 303-805-1881 MST
Pin Number:	59002#, Please mute telephone "by pressing * 6"				
Notes:					
				For additional information call Contact Person before meeting. Special Focus:	
				Special Topic:	90 DAY SPEAKER
# 55055	Follow Phone Prompts 712-432-3900	Wednesday	12:00 am	EST	
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.				
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.				
				For additional information call Contact Person before meeting. Special Focus:	
				Special Topic:	RECOVERY/RELAPSE
# 55041	Follow Phone Prompts 712-432-3900	Wednesday	6:45 am	EST	Heidi 732-706-5944 EST
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.				
Notes:					
				For additional information call Contact Person before meeting. Special Focus:	
				Special Topic:	LITERATURE
# 55006	Follow Phone Prompts 712-432-3900	Wednesday	8:30 am	EST	Debbie 214-912-3688 CST
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.				
Notes:					
				For additional information call Contact Person before meeting. Special Focus:	
				Special Topic:	QUALIFICATION SPEAKER

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# 55018	Follow Phone Prompts 218-936-4700	Wednesday 1:00 pm	EST	Lena	011-464-2234148EST+6
Pin Number:	105047#, Please mute telephone "by pressing 6"			For additional information call Contact Person before meeting.	
Notes:				Special Focus:	
				Special Topic:	90 DAY SPEAKER
# 55029	Follow Phone Prompts 712-432-3900	Wednesday 2:30 pm	EST	Rhonda	919-440-1482 EST
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.			For additional information call Contact Person before meeting.	
Notes:				Special Focus:	OPEN
				Special Topic:	RECOVERY RELAPSE
# 55048	Follow Phone Prompts 712-432-3900	Wednesday 5:00 pm	EST		
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.			For additional information call Contact Person before meeting.	
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.			Special Focus:	
				Special Topic:	RECOVERY/RELAPSE
# 55014	Follow Phone Prompts 712-775-7100	Wednesday 6:30 pm	CST	Jerry	469-323-8210 CST
Pin Number:	897214#, Please mute telephone "by pressing * 6"			For additional information call Contact Person before meeting.	
Notes:				Special Focus:	
				Special Topic:	90 DAY
# 55011	Follow Phone Prompts 712-580-1800	Wednesday 8:30 pm	EST	Ruth	315-457-6261 EST
Pin Number:	12128#, Please mute telephone "by pressing * 6"			For additional information call Contact Person before meeting.	
Notes:	ALL ARE WELCOME. PLEASE RESPECT THE SPECIAL FOCUS.			Special Focus:	H.O.W
				Special Topic:	
# 55010	Follow Phone Prompts 605-475-4150	Wednesday 9:00 pm	EST	Susan	973-376-5510 EST
Pin Number:	85742#, Please mute telephone "by pressing * 6"			For additional information call Contact Person before meeting.	
Notes:				Special Focus:	
				Special Topic:	BIG BOOK DISCUSSION

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# 55056	Follow Phone Prompts 712-432-3900	Thursday 12:00 am	EST		
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.			For additional information call Contact Person before meeting.	
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.			Special Focus:	
				Special Topic:	RECOVERY/RELAPSE
# 55035	Follow Phone Prompts 712-432-3900	Thursday 6:45 am	EST	Carol	248-547-8229 EST
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.			For additional information call Contact Person before meeting.	
Notes:				Special Focus:	OPEN
				Special Topic:	LITERATURE
# 55038	Follow Phone Prompts 712-432-3900	Thursday 8:00 am	CST	Karen	989-652-3386 EST
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.			For additional information call Contact Person before meeting.	
Notes:				Special Focus:	OPEN
				Special Topic:	BIG BOOK
# 55027	Follow Phone Prompts 712-580-8020	Thursday 10:30 am	EST	Chris	413-498-2407 EST
Pin Number:	110296#, Please mute telephone "by pressing * 6"			For additional information call Contact Person before meeting.	
Notes:				Special Focus:	
				Special Topic:	
# 55049	Follow Phone Prompts 712-432-3900	Thursday 5:00 pm	EST		
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.			For additional information call Contact Person before meeting.	
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.			Special Focus:	
				Special Topic:	RECOVERY/RELAPSE
# 55016	Follow Phone Prompts 712-432-1680	Thursday 5:30 pm	EST	Annie	207-223-4497 EST
Pin Number:	522400, Please mute telephone "by pressing * 6"			For additional information call Contact Person before meeting.	
Notes:				Special Focus:	
				Special Topic:	90 DAY

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# 55002	Follow Phone Prompts 319-279-1000	Thursday	8:00 pm	EST	Lori 210-829-4195 CST
Pin Number:	135103#, Please mute telephone "by pressing * 6"				For additional information call Contact Person before meeting.
Notes:	Please call contact between 9 a.m to 8 p.m EST.				Special Focus: Special Topic: 90 DAY
# 55057	Follow Phone Prompts 712-432-3900	Friday	12:00 am	EST	
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.				For additional information call Contact Person before meeting.
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.				Special Focus: Special Topic: RECOVERY/RELAPSE
# 55037	Follow Phone Prompts 712-432-3900	Friday	6:45 am	EST	Rick 571-215-9481 EST
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.				For additional information call Contact Person before meeting.
Notes:					Special Focus: OPEN Special Topic: LITERATURE
# 55009	Follow Phone Prompts 641-715-3300	Friday	9:00 am	PST	Deb 781-696-8463 EST
Pin Number:	742371#, Please mute telephone "by pressing * 6"				For additional information call Contact Person before meeting.
Notes:					Special Focus: Special Topic: STEP/TRADITIONS
# 55020	Follow Phone Prompts 712-432-3900	Friday	10:00 am	EST	Janine 206-780-9663 PST
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.				For additional information call Contact Person before meeting.
Notes:	Please call contact between 7 a.m and 9 p.m PST.				Special Focus: Special Topic: LITERATURE VARIES
# 55050	Follow Phone Prompts 712-432-3900	Friday	5:00 pm	EST	
Pin Number:	6508933# Hit *6 to self-mute and *7 to unmute.				For additional information call Contact Person before meeting.
Notes:	**MEETING STARTS 1ST WEEK OF SEPT** Email meeting contact countrykate@sasktel.net Meeting is 1/2 hr long.				Special Focus: Special Topic: RECOVERY/RELAPSE

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# 55044	Follow Phone Prompts 712-421-8178	Friday	6:00 pm EST	Bob	617-479-5433 EST
Pin Number:	4673#, Please mute telephone "by pressing * 6"			For additional information call Contact Person before meeting.	
Notes:				Special Focus:	
				Special Topic:	90 DAY SPEAKER
# 55022	Follow Phone Prompts 712-432-3900	Friday	8:00 pm EST	Helen	704-547-0627 EST
Pin Number:	4285115# Hit *6 to self-mute and *7 to unmute.			For additional information call Contact Person before meeting.	
Notes:				Special Focus:	
				Special Topic:	

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